

# KUUF LINKS

Jan. / Feb. 2011



Seeking Spirituality  
Practicing Community



With Freedom of  
Religious Thought

*Kuuf Links*

UNITARIAN UNIVERSALIST FELLOWSHIP OF KAMLOOPS

# Wendy's Words of Wisdom

## Musical Chairs

At the turning of the year, I like to look at what activities or habits I want to let go of, and what I might want to add to my repertoire. Even though it is really just one more day or month on the ever-cycling calendar of life, somehow January seems like a time of possibility - for both letting go and beginning anew. Not necessarily New Year's Resolutions – maybe just a new way of approaching what we do – or maybe joining a choir or dropping out of Tai Chi lessons for a while, or changing a relationship.

Personally, I'm not thinking of taking up sky-diving any time soon, nor tap-dancing. But in the wake of an overly full autumn, I plan to pay closer attention to what keeps my activity level at a pace that I can sustain without feeling drained, a pace that feeds my need to be involved and to find my place in the world.

Around the Fellowship, it is also a time for endings and beginnings. The church's activities and maintenance need people – all of us together - to keep them going. At the time of our Annual General

*I plan to pay closer attention to what keeps my activity level at a pace that I can sustain without feeling drained, a pace that feeds my need to be involved...*

Meeting (AGM), that is also when the game of musical chairs happens. If there is to be a change, it is usual for committee chairs and board positions to shift in February or March.

Remember, the game of musical chairs involves as many chairs as there are people, minus one. If you are caught between chairs when the music stops, you will be without a chair and will have to step out of the game for a while.

For some of you, who have been filling those UUFK jobs for a long time, stepping back for a while might be just what you need to restore your sense of balance. On the other hand, sometimes to step forward into a position of responsibility can also be very rewarding, and is almost always a learning opportunity. Community is built and strengthened by its people.

At our AGM, February 27<sup>th</sup>, we will have room for three more Board members. The Worship Committee will also need a new chairperson, we will need a lay chaplain, and there are undoubtedly other chairs to be vacated when the music pauses.

Step into the game!  
Shalom  
Rev. Wendy

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## The Unitarian Universalist Fellowship of Kamloops

meets every Sunday from September until June at the Valleyview Community Hall on Park St. in Kamloops .

For details on individual Sunday schedules, please see inside, or go to our [website](http://www.uukam.bc.ca) at [www.uukam.bc.ca](http://www.uukam.bc.ca)

*We are a welcoming community, believing in the dignity of every individual and in freedom of religious thought.*

Contact us by phone :  
250 - 374 - 5594. E-Mail to  
[uufellowshipkamloops@gmail.com](mailto:uufellowshipkamloops@gmail.com)

## Wendy's Whereabouts

### Use your minister well!

If you would like to spend some time with me for any reason – personal conversation about something, an idea related to church functioning, a committee meeting, participation in a project – Please Ask!

I can be contacted anytime through either the Fellowship's phone number (250 - 374 -5594 ), or by E-mailing to [uufellowshipkamloops@gmail.com](mailto:uufellowshipkamloops@gmail.com)

Please let me know if you would enjoy a visit, or wish to talk with me about anything. We can meet at the Reading Room, your home, or somewhere else.

I will look forward to seeing you at the "Munch with the Minister" sessions, which are held on the Friday of my weekend in Kamloops. January 21st and February 25th, noon - 1:30 p.m. in the Reading Room at KUC. Bring your own lunch. Tea will be provided. EVERYONE WELCOME!



## Annual Pledge Drive Celebration Dinner

2010 was a very successful church year. and 2011 looks even better.

With a healthy Bid-Night behind us, and the continuing generous support from all of you with the pledge campaign, we will be able to not only meet all our needs next year but can look to achieving some of our long term goals. We have all of our members and friends to thank for this and it is a good reason to celebrate.

The Board of Directors invites members and friends of the UUFK to a celebration dinner at Valleyview Hall on Saturday, January 22nd at 6 pm.

**Please RSVP to Christine H. at by January 15th.**

*Seating is limited so people are asked not to invite friends or dates not associated with the church.*



## Cover Photo

L'il Jack, of St. John's, Newfoundland, celebrated his one week birthday by going out for vegan sushi with his Mom and Dad. (Ain't he grand??!!)

## A Very Special Evening

PLEASE JOIN US FOR A POT LUCK DINNER AND EVENING WITH **JENNIFER DICKSON**, EXECUTIVE DIRECTOR OF THE CANADIAN UNITARIAN COUNCIL

TUESDAY, JANUARY 4TH AT 5 PM AT THE HOME OF HEATHER AND AL G. ALL ARE WELCOME.

We are very pleased that Jennifer Dickson will be visiting Kamloops and wants to get to know Kamloops Unitarians. This is a wonderful opportunity to put names and faces together and to create connections that could serve us very well in the future.

Jennifer will update us on CUC Board's activities, as well as the staff and their work.

She is very interested in hearing from Kamloops people : what the congregation is up to, what our needs are, what questions people have of the CUC, and what the Fellowship's relationship with CUC might be.

From Rev. Wendy : *"Someone asked me recently what the CUC does for us. Here's what I said: Right now, CUC sponsors lay chaplaincy trainings, offers consultation on certain aspects of church management, sponsors workshops on (for example) worship skills training, leadership training for the sexuality program, - these workshops open to a large number of congregations.*

*CUC also provides consultation, if we ask, on ethical and sustainable management of church funds.*

*It has a website that connects us with all the congregations across Canada. It offers financial grants - occasionally - for church growth and such - we got one recently for our choir director. It hosts conferences like the recent BC Heartwarming, which gave attendees an opportunity to network with each other, to consider what's important to them, and to attend another church's service - and perhaps most importantly, to know we aren't the only UU's in the world. It acts as a country-wide voice for UU's in social justice matters, usually by representing us in letters or in person to Ottawa, for example.*

*It manages some e-mail groups that involve people in interest groups of different churches, e.g. environment; worship; congregational growth; lay chaplains , social justice, and it gives bursary money to students attending a theological college.*

*What a good question!*

**If you plan to attend, please RSVP to Heather G. by January 1st, 2011.**



# Upcoming Services

## JANUARY

**January 2 :** Adult Education Program : *“Simplifying with children and grandchildren”* Led by Dennis B. 10 a.m. -12 noon

A few of the topics to be covered include barriers to simplifying with children, how to minimize those barriers, and ways to get children to participate in family efforts to simplify. You will walk away from this session with a handout packed with ideas on how to simplify with children. (This session is appropriate for people of all ages, and those with or without children)

**January 9 :** Worship Service : *“Sounds of Silence”* Led by Janet K. 10 a.m.

It is only when we pause, step outside of the noise of the everyday world, and listen with our breath, that we can begin to hear the heartbeat of the universe and the still small voice within us. This hour will be devoted to introducing silent meditative practices that can allow us to enter into stillness.

SUNDAY SCHOOL : *Expression (Paintbrush)*

**January 16 :** Chalice Circle : *“Who is my neighbor”* (precursor to the Jan. 23rd sermon) 10 a.m.

Some suggested questions: When do you find it easy to be a “good neighbour” to someone? When do you find it more difficult? Who is your neighbour, and who isn’t? What does it mean to you to be a good neighbour? When has someone been a neighbour to you? Do you love yourself as much as you love your neighbour?

**January 23<sup>rd</sup> :** Worship Service : *“Neighbours”* . Led by Rev. Wendy McNiven 10 a.m.

Jesus’ Great Commandment, to “love your neighbour as yourself”, is perhaps as difficult to keep as it is well-known. Our own congregation is a group of neighbours, so we can practice on each other! We are called to love ourselves and each another, with our truth-telling, our caring, our self-disclosure, our comradeship, our religious exploring, our vulnerability, our service together.

SUNDAY SCHOOL : *Democratic Process (Chalk)*

SOUP LUNCH

**January 30th :** Social and Environmental Action Service : *“Power Up to Power Down”* 10 a.m.

Join Captain Power Smart and the four lovely Lightning Bugs as we kick off our latest congregational challenge. We are teaming up with BC Hydro to present Power Up to Power Down, and the goal is to reduce our household energy use by 10% over a year. In addition to the savings on our electrical bills, we could be eligible to receive a \$75 reward cheque from BC Hydro, as well as great monthly prizes. We’ll also be handing out a few prizes on behalf of our fellowship to participants in our challenge – this is going to be FUN, people, so get on board.

## FEBRUARY

**February 6th :** Adult Education Program : *“Simplifying at Mealtimes”* Led by Jan G. 10 a.m. - 12 noon

Are food and family mealtime getting low priority with busy schedules? Eating on the run is often hard on family relationships, personal health and the environment, not to mention the digestive tract! This session will motivate you to make mealtime a higher priority. You will share ideas and learn practical tips.

**February 13th :** Worship Service : *“Let go, let God, let laugh”* Led by Corea L. 10 a.m.

In this presentation and facilitation Service, there will be an opportunity to experience and discover the lightness, the joy and the connection with others that laughter can bring. This is laughter without humour but definitely with, of, and from spirit. We will have some laughter warm-up exercises, followed by sharing of information. Corea will share the modern story of laughter, its benefits and remarkable testimonials, as well as facilitate laughing exercises.

SUNDAY SCHOOL : *“Love Will Guide Us”*

**February 20<sup>th</sup> :** Chalice Circle : *“GLBT rights and wrongs.”* (precursor to the Feb 27th sermon) 10 a.m.

Some suggested questions: What is your experience of being a “minority” of any kind? What experience do you have of feeling unwelcome because of who you are? Where is your own comfort level challenged around encountering people of a different sexual orientation from yours? What have been some of the gifts to you, from encountering people different from you?

**February 27th :** Worship Service : *“It’s not just about sex!”* Led by Rev. Wendy McNiven. 10 a.m.

Historically, religious institutions have played a significant role in denying a place for gay, lesbian, bisexual and transgender people in the human family. UU’s have been redressing these wrongs for many years, but it is possible that we could be yet more clear about setting a welcome table for all who wish to join with us. While we live in a society that is increasingly open-minded about gay rights, the world still holds real threats for people of minority sexual orientation and /or gender identity. In the US, the “don’t ask, don’t tell” legislation against gay people in the military is now being cancelled. In Canada, our legal system is relatively friendly to gay people. But there is still much pain and reactivity about sexual orientation and gender identity.

SUNDAY SCHOOL : *“Awesome Love”*

SOUP LUNCH / UUFK Annual General Meeting



**ANNUAL PLEDGE DRIVE  
CELEBRATION DINNER**

*To honour and thank the members and  
friends of the  
**Unitarian Universalist Fellowship of  
Kamloops**  
for their generosity in supporting the  
Fellowship,  
the UUFK Board of Directors  
requests the pleasure of your company  
at dinner on Saturday, January 22<sup>nd</sup> 6 pm  
at the Valleyview Hall  
RSVP to Christine H.  
by January 15<sup>th</sup>*

*Please note the dinner is RSVP only as we have to  
abide by the occupancy limit for the hall.*

# UU Kids' News

In November we held a very successful *Family Spaghetti Dinner* at the Valleyview Hall. The food and company was great, with 17 adults and children attending!

In December, our *Children's Christmas Marketplace* was supported in spectacular fashion by our Fellowship, with abundant gift donations and several volunteers who helped the children purchase and wrap their gifts. The proceeds from the Marketplace, \$53.25, went to the "Daily News Christmas Cheer Fund".

## **Our Program Line-up for January and February:**

### **January 9 - Toolbox of Faith - *Expression (Paintbrush)***

The paintbrush symbolizes personal expression of our inner life and thoughts. In this session, participants engage in and reflect on various means of personal expression, such as painting, writing, music, and theater.

### **January 23 - Toolbox of Faith - *Democratic Process (Chalk)***

The chalk symbolizes the democratic process. This session provides opportunities to reflect on a variety of decision-making processes, including voting and consensus making. Reflections may include whether "majority rule" is fair. There is time for participants to engage with the issues around consensus making, voting and the importance of negotiation and informed decision-making.

Got your toga ready? We will enact democracy, Athenian-style. You may like to gather gas and bring your sandals along!

### **February 13 - "Introducing our Spring Program: Love Will Guide Us"**

In this program, participants learn to seek guidance in life through the lens of our Unitarian Universalist Sources, with an emphasis on love. Together we ask questions such as, "Where did we come from?" "What is our relationship to the Earth and other creatures?" "How can we respond with love, even in bad situations?" "What happens when you die?" Sessions apply wisdom from our Sources to help participants answer these questions. Participants will learn that asking questions is valued in Unitarian Universalism, even as they begin to shape their own answers.

Today's session - *Love is Like a Seed* (February 13th)

This session introduces love as an unseen, guiding force unfolding in the universe, and introduces the Sources of our Unitarian Universalist faith, with an emphasis on love. The story, "The Everything Seed," describes the origins of the universe as a single seed which contained within itself everything our universe needed, including love. Together participants ponder how love emerged, unfolded, and calls to people of faith.

### **February 27 - *Awesome Love***

This session explores the first Unitarian Universalist Source, "Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life." Of all the Sources, this may be the hardest for young children to grasp, yet it defines us distinctly as Unitarian Universalists. This Source is rooted in Transcendentalism, most notably in the thinking of Henry David Thoreau, who taught us to live in harmony with nature, and Ralph Waldo Emerson, who taught us we can directly experience the awe, wonder, and mystery in nature. The story in this session is a meditation on how we are part of the natural evolution of life.

## **Mystery Buddy Program**

During January and February this wonderful program helps to connect the generations. Participants are matched - a child with an adult - under anonymous pen names. There are mail boxes into which the adults can put clues about themselves and small no-cost or inexpensive gifts, and corresponding mailboxes for the children. The mystery exchanges will occur during the services on Jan.9, Jan 23, Feb. 13 and Feb 27. At the end we will have a ***Mystery Buddy Party***, during which we find out who our buddy was.



This is a wonderful way to share and make connections between generations. You can ask questions about your buddy and share things about yourself. For pen-names, adults and children are asked to select a buddy name which reflects a Unitarian Principle, or is a Unitarian figure, or a person who shares Unitarian values. It can be a real person, fictional person, or even a being from the non-human world.



Teacher Wendy helps Lily shop at the "Children's Christmas Marketplace", while Enid prepares for gift wrapping in the background.

sheets or to-

## Community Outreach

November 17, Team UU helped sort produce and pack hampers at the **Food Bank**. As you can see from the photo, Chris and Gerri were having a lot of fun amongst the potatoes and carrots!

On December 11, **Christmas Amalgamated** was most grateful for our help in preparing food for the Christmas hampers. We worked through an enormous stack of boxed nuts, which had to be broken down into smaller packages. With the help of UU Kids, Portia and Tavish, we accomplished our task and sincerely hope that the recipient families have hammers to get through those nutshells!



## Lay Chaplain News

### A message from the Lay Chaplaincy Support committee

*Hello everyone. Our Fellowship currently has two Lay Chaplains, Jan G. and Janet K.*

*The maximum term for a lay chaplain is 6 years and, as it takes some preparation and training to be ready to take on that position, the Lay Chaplaincy Support Committee is on the search for potential lay chaplains for our Fellowship.*

*We invite expressions of interest from any member who may be ready to explore this further.*

*Please contact Jan, Janet, Wendy or myself for more information. Thank you, Kay*

### UUFK Choir

The UUFK Choir is "singing for the living and the loving" with Marg W.'s and absolutely loving it! Marg is tending us carefully, teaching us some musical theory, preparing hymns for Sunday services, and introducing us to some awesome music above and beyond what is in our hymn books. And of course, she is giving us the marvelous gift of her accompaniment once a month for worship. Truly, she blesses us.

We practice three Thursdays a month from 5:00-6:00 pm at Marg's house in Dallas. EVERYONE is welcome regardless of experience and musical ability. Please contact Janet if you would like to join us and I will ensure you have music and practice times.

**Blessings, Janet**

### PitStop — MANY, MANY Thanks to Heather and Mitch

Over the past seven years, The UU Crew - lead by Heather and Mitch, has served approximately 5,000 meals to those who are homeless or hungry in Kamloops.

The UUFK's involvement as an organization in the PitStop program ended on December 5th. After seven years, the Stefaneks would have liked to pass the leadership aspect of the meal preparation and serving on to someone else. Unfortunately, there were no volunteers at this time.

From all UU's, but most especially from your PitStop crew, THANKS!, Heather THANKS!, Mitch

## President's Message

Even though we have been back from our travels for two weeks now, a part of me is still in India.

I am slowly swinging back into church business but for now, let me recount a story of unity in diversity from our trip that I think reflects Unitarian principles.

We were in Mumbai (Bombay) on November 26, the second anniversary of the terrorist attacks in that city. The day before we had been at India Gate, a massive archway built by the British near the ocean, and noted the stage, lighting and security being installed for a memorial ceremony that evening.

After a day of sight-seeing, Jim and I again found ourselves at India Gate and, by chance - despite the security, found ourselves inside the enclosed area where the open-air ceremony was taking place.

The stage was full of dignitaries and people in prayer clothes. There was a full orchestra and the speakers were projected onto a large screen. We did not know what was being said as it was all in Hindi but we learned that the Master of Ceremonies was the Head Minister of the state of Maharashtra.

After several speeches, one by a Bollywood star, people representing the religions of India stood up and recited from their sacred texts. First there were the Parsi's, then the Sikh's, the Christians, the Buddhists, the Muslims and finally, the Hindu.

Witnessing these recitations, we noted how proud they seemed, representing their faith with dignity and honor. There was a reverent silence amongst the audience, and Jim and I were very moved.

India may not have good sewer systems, or paved roads, or regular garbage collection, and we know that divisive elements are alive and well there. However, with this gesture of peace and acceptance, the government demonstrated to the people present, and those millions who watched it on TV, that they valued the diversity among them, and were willing to find peaceful solutions to their differences.

As we move into the New Year, let us all find peaceful solutions to our differences and continue to cherish the diversity among us.

*Namaste*

Joan



## Planks from the Board

The board meetings in November and December were short but sweet :) Dennis chaired both meetings.

We have been working on an advertising campaign where posters about our fellowship have been developed and will be placed throughout Kamloops. Thank you to those who made up the posters.

We had a UU orientation session on December 11th at the UUFK Reading Room. Chris & Michele attended and have both joined our fellowship, Welcome to both of you :)

The disaster plan for our congregation has yet to be fully explored. It has been tabled until the next board meeting in January.

The celebration dinner will be held on January 22nd at the Valleyview Community Hall. An email will be going out from Christine to all of our members with an invitation to the dinner. This is an RSVP event as we need to ensure that we have enough food and that we do not go over the occupancy limit for the hall.

The Annual General Meeting will be taking place on February 27th (see below). The Board will be working on forming a nominations committee as there will be a number of board positions being vacated at the end of this term. Finally, there are a number of committees that are looking for new members.

Be thinking about the ways in which you as a UUFK member can contribute to the running of our fellowship. Is there a committee that you feel a particular connection to? Lifespan Learning? Membership and Growth? Worship? Lay Chaplaincy? Care & Concerns or Social Environmental Action? What about the Board of Directors? Be thinking about what area you can make a commitment to.

Bright blessings,  
Christine H., Secretary

### Annual General Meeting of the UUFK

The Annual General Meeting of the Unitarian Universalist Fellowship of Kamloops will be held after the service on Sunday, February 27th.

At this meeting, you will hear reports from the Committees, have an opportunity to review that Fellowship's Proposed Budget for the upcoming year, and, if you are a voting member, be part of the election of our Board of Directors for 2010/2011.

#### Current Members of the Board are :

Joan G. - President  
Dennis B. - Vice President  
Tuula H. - Treasurer  
Christine H. - Secretary  
Jim G., Arne R., Shannon H. - Members at Large

# Social & Environmental Committee News



*Captain Power Smart and the Lightning Bugs are here to light your way during the UU Power Up to Power Down challenge!*

## Power Up to Power Down = Great prizes & family fun!

**January 30, 2011 is a UU-SEA Sunday** – mark your calendars for a fun and exciting introduction to our brand new environmental challenge: **Power Up to Power Down!** Just like the “Take the Plunge” water conservation challenge, this will be a great way to learn something new, spend time with each other and do what’s right for our planet at the same time. I like it already!

In comparison to the water challenge, energy conservation can be a dry topic (ha ha!) but as Captain Power Smart and the Lightning Bugs demonstrated after the December 12<sup>th</sup> service, we plan to have a lot of fun with it. We will be talking about ways to get the whole family involved, since this challenge is one that really lends itself well to having **kids play an active role**. In my house, we started a “Gotcha” list, where we tally up the number of times that each of us forgets to turn off the lights upon leaving a room. Let me tell you, the kids LOVE catching their parents (especially if each infraction costs them a coin!)

We are teaming up with BC Hydro to present **Power Up to Power Down**, and the goal is to reduce our household energy use by 10% over a year. In addition to the savings on our electrical bills, we could be eligible to receive a \$75 reward cheque from BC Hydro, as well as great monthly prizes. We’ll also be handing out a few prizes on behalf of our Fellowship to participants in our challenge – this is going to be FUN, people, so get on board!

If you’re a veteran who has made energy improvements to your home already, join anyways and share your wisdom with the rest of us! More than anything, we look forward to the laughs we’ll share by going through the process together.

**Signing up is easy.** Go to the BC Hydro Team Power Smart webpage and follow the prompts. You will have to have your account number on hand (found on your BC Hydro bill). Click on this link: <https://www.bchydro.com/youraccount/teampowersmart/Join.do>

The next step (also on the BC Hydro website) is a bit more complicated, but would be a lot of fun to do with the kids. It is an online assessment of your current power uses, and requires you to run around counting light bulbs and that sort of thing. You might want to put aside 45 minutes or so to do this assessment, but it will give you a good picture of where the energy is being used in your house.

That’s all there is to it! Nothing else to do until we get together again at the **SEA Sunday on January 30, 2011** to learn all the program details and hopefully start planning our strategies. We’ll have a rep. from BC Hydro there that day to get us started. We’ll follow that up with **occasional** “Recharge” events, where we can all discuss our challenges & successes, and keep each other motivated.

We are thrilled to already have 11 households signed up for the challenge! All of these “early adopters” received a sign-up gift (a CF light bulb or a cool hand-cranked flashlight), and I have a couple more freebies for the people who come on board next. Our goal is to have all participants signed up **before January 30th**.

**So please check out [www.bchydro.com/powersmart](http://www.bchydro.com/powersmart) to get started.** Let us know when you’ve registered online. E-mail Tuula or myself if you have any questions. Let’s get Power Smart together!

Gisela R., UU-SEA committee member

## MY MEATLESS MONDAY CALENDAR

Step up to your dinner plate and help Planet Earth one meal at a time! Keep a record of your meatless main dishes that you prepare each month. By the last day of each month, submit your month's list to Anne at 374-2351 or [theneaves@shaw.ca](mailto:theneaves@shaw.ca). Then your name will be entered in a monthly draw for a prize!

<b>January</b> 1. _____ 2. _____ 3. _____ 4. _____ 5. _____	<b>February</b> 1. _____ 2. _____ 3. _____ 4. _____	<b>March</b> 1. _____ 2. _____ 3. _____ 4. _____
<b>April</b> 1. _____ 2. _____ 3. _____ 4. _____	<b>May</b> 1. _____ 2. _____ 3. _____ 4. _____ 5. _____	<b>June</b> 1. _____ 2. _____ 3. _____ 4. _____
<b>July</b> 1. _____ 2. _____ 3. _____ 4. _____	<b>August</b> 1. _____ 2. _____ 3. _____ 4. _____ 5. _____	<b>September</b> 1. _____ 2. _____ 3. _____ 4. _____ 5. _____
<b>October</b> 1. _____ 2. _____ 3. _____ 4. _____ 5. _____	<b>November</b> 1. _____ 2. _____ 3. _____ 4. _____	<b>December</b> 1. _____ 2. _____ 3. _____ 4. _____

# Book Clubs, Lunches and other things

## Morning Book Club

Generally, the A.M. Book Club meets on the third Thursday of the month at 10 a.m.. In January, however, it will be the FOURTH Thursday. The location changes each month.

**Here is the book line-up for January 2011 through June 2011.**

Jan 27th - Stones into Schools by Greg Mortenson. TNRD lots of copies. Kay hosts/leads.

Feb 17 - Shantaram by Gregory Roberts. TNRD no copies -- Suzanne will find extras. Suzanne hosts/leads

March 17 - The Scarlet Letter by Nathaniel Hawthorne. TNRD 2 c. Anne hosts/leads

April 21 - Book Club set - either Some Sunny Day or Secret River (Mitch & Heather choose). Reserve and have books ready to distribute at March 17 book club meeting. Stefaneks hosts/leads. Mitch and Heather will choose, reserve, and have books ready for this meeting.

May 19 - The Year of Finding Memory by Judy Fong Bates. TNRD 1 c. Host - TBA; Mona can lead over speaker phone from Clearwater.

June 16 - choose next year's books



## Evening Book Club

Generally, the P.M. Book Club meets on the last Friday of the month at 7:15 p.m.. The location changes each month.

**Friday January 21, 2011** : our book selection is Yann Martel's Beatrice and Virgil. Meeting at Eleanor H.'s :  
*Please reply to Eleanor for January's meeting.*

**Friday February 25, 2011** : Book Club After the Falls by Catherine Gildiner. Location to be announced.

**Anyone wanting to join or seeking info. , please talk to Enid.**

## Fundraising for the Fellowship in May

As you declutter your home, basement or garage or shed, please keep and store re-saleable items for the Valleyview Community Garage sale in May. An opportunity !



More information, such as the exact date of the yard sale, will come later.

One week before the sale, Jan will receive your items and store them in her garage.

## Food Bank Helpers

Calling all Helping Hands to star with Team UU at Kamloops Food Bank, January 20 and February 10, 171 Wilson St., from 10am to noon.

Lunch with the staff is provided.

## Munch with the Minister

Bring your brown bag lunch, and come and join Rev. Wendy and others for a friendly and lively discussion.

"Munch with the Minister" is held from noon until 1:30 p.m. on the Friday of the week during which Rev. Wendy is in Kamloops. The group meets in the UU Reading Room,

Join us on January 21st (noon - 1:30 pm) and February 25th (same times)

ALL ARE WELCOME!

Contact Rev. Wendy if you need more information.



## UU Women's Lunch

Monday, January 10th at noon.  
Oya Japanese Restaurant : #3-1380 Summit Drive.  
Call Eleanor H. by January 7th to RSVP.



## UU Men's Lunch

Wednesday, January 12th @ noon.  
Hothouse Bistro — 438 Victoria St. , Kamloops.