



Capital Unitarian Universalist Congregation

The Capital Letter

VICTORIA, BC

2018

The Summer Day- Mary Oliver

Who made the world?
Who made the swan, and
the black bear?
Who made the grasshopper?
This grasshopper, I mean-
the one who has flung
herself out of the grass,
the one who is eating sugar
out of my hand,
who is moving her jaws back
and forth instead of up and
down- who is gazing around
with her enormous and
complicated eyes.
Now she lifts her pale
forearms and thoroughly
washes her face.
Now she snaps her wings open,
and floats away.
I don't know exactly what a prayer
is.
I do know how to pay attention,
how to fall down
into the grass, how to kneel down
in the grass,
how to be idle and blessed,
how to stroll through the fields,
which is what I have been doing
all day.
Tell me, what else should I have
done?
Doesn't everything die at last,
and too soon?
Tell me, what is it you plan to do
with your one wild and precious life?

All services are held Sundays at 10:00 a.m. at The James Bay New Horizons Centre, 234 Menzies Street, Victoria, BC. Child care is provided free of charge with our Children's program.

Sunday Services in June

June 3rd Per Dahlstrom **ShelterBox - Emergency Shelter Relief**. Hear first hand accounts of implimenting adaptive shelter relief solutions in response to natural disasters around the world.

June 10th Leigh Waters **Exiled back to Mexico**. Learn the stories of Mexican nationals deported or self deported back to Mexico from the USA. Concerned citizens and visitors in San Miguel de Allende have been inspired to organize help. Unitarian Universalists started Caminamous Juntos (we walk together) to help these deportees.

June 17th Jane Dawson **Abraham: A Father's Day Reflection**. Come join us this Father's Day as we explore the story of Abraham, the founding father of the three Abrahamic faiths – Judaism, Christianity, and Islam. What are the elements of this story and how are they still relevant for us today?

June 24th Anna Isaacs **Truth, Healing and Reconciliation**. Unitarian Universalists in Canada are committed to truth, healing and reconciliation between Indigenous and non-Indigenous peoples. Learn more about this nationally and locally.



John Pullyblank



Board Notes

BOARD REPORT – CUUC JUNE 2018 NEWSLETTER.

Dear members, friends and visitors. I'm happy to report that all is well in our community. Spring has finally sprung in our fair city, with the ubiquitous blossoms that Victoria is so famous for, and Summer is on its way. Did you know that Victoria was rated in the illustrious New York Times, as one of the most desirable vacation destinations? Could that mean more visits to Capital from our UUUSA compatriots? --- *Let's hope so!*

As some of you may know as well as being a board member, I'm also a member of the SSC (Sunday Service Committee). I mention that, because I want give special thumbs-up for Amanda's recent 'Sunday Talk' that was entitled "What's in a Name", and the subsequent lively discussion in The Forum. There was a lot feedback by various individuals, one suggestion re: a name change for Capital:

"Capital Unitarian Universalist Constellation", of course the suggestion was 'tongue in cheek', but the suggestion demonstrated that 'Capitalists' have a great sense of humour, and don't take ourselves too seriously...

I'd like to welcome Linda Marchand to the board, Linda attended her first board meeting, so I'd like to say "welcome aboard" --- *excuse the pun*. I'd also like to say a great big thank you Shannon Kirk for taking on the job set-up person.

We really have a wonderful team of people at Capital, and I just want to say thanks to everyone -- whoever you are, and whatever you do! *Your presence every Sunday in and of itself, means so much --- let's keep the flame of Capital going!* ~Mike Riess, Board Chair.



News Neighbourhood Groups

The Possibility of Expanding/Enhancing our UU community in Victoria

Did you know that the First Unitarian Church of Victoria (FUCV) has twelve neighborhood groups throughout Victoria? Would you be interested in participating in one of these groups in your 'hood? Please do read on.

I have always been a net-worker. It is something that I like to do. And personally, I enjoy meeting other Unitarians, and getting to know them. So I took this idea to our Board, and they graciously sanctified my moving forward with it. The objective in initiating this, as a small UU congregation, is to create an expanded, and perhaps enhanced, sense of community among Unitarians in Victoria. It can be beneficial for us as individuals to be aware that we are a part of a greater whole. It seems to me that linking Unitarians across two congregations in one city is one way to start.

Here's what may be on offer, if we have enough interest. This is an excerpt from the web site of FUCV: <http://victoriaunitarian.ca/program/neighbourhood-groups/>

"The neighborhood groups of FUCV meet monthly, bi-monthly, quarterly and, sometimes, occasionally. There are no rules to join, no tests to pass. All you have to do is live in one of the neighborhoods.... It's an opportunity to meet others in an informal setting, usually the home of one of the members. Some meet in the evening for potluck dinners, some in the afternoon, for coffee, tea and cake. Neighbourhood groups also link members and friends in the circle of care and concern."

In order to move forward, we would like to hear

In order to move forward, we would like to hear from you. Would you be interested in participating in a pilot project to be part of one of First's neighborhood groups? If so, please let Amanda or me know, and mention which neighborhood you live in. Then we can liaise with First to help make the connections.

Given that the groups do not function in the summer months, this may not happen until the fall. For now, we just want to gauge your interest. I actually have had the opportunity to attend a couple of the gatherings of the James Bay neighborhood group last fall. It was a good experience, I can assure you. Feel free to come and talk to me about it if you would like a first hand account.

Karen Christie



CUUC PUUB* night –Wed, June 13 at 6:00pm

at the Ross Bay Pub in 1516 Fairfield Rd, # 7.

Please let Karen know via phone or email so that she can reserve a seat for you.

karen.christie8@gmail.com 250 920-6042



News Eliot Camp



Creative Arts Eliot Camp 2018 for UUs and their Friends and Family

"Creative Arts Eliot" takes place at the beautiful Seabeck Conference Center on Hood Canal in Seabeck, Washington from Saturday, August 11 through Wednesday, August 15, 2018 and offers opportunities for UUs and friends and relatives to enjoy many wonderful aspects of a multi-generational "summer camp" experience while also pursuing an interest in one or more artistic or creative endeavors. Talented presenters will delight and inspire during a five-day camp full of learning and fun with morning workshops in Poetry, Small Art Quilts, Paper Maskmaking, Improvisation, Photography, Painting, and Songwriting; and afternoon workshops in Theater Games, Dragon Sculpting, and Intermediate Ukulele. An additional morning program, "Active Sports," will be available for those wanting a more physical activity, with biking, hiking, kayaking all possible options based on the interests of those who sign up. Campers choose one or two workshops to focus on while at camp, and spend the rest of their time enjoying waterfront fun, sports, games, walks, campfires, singing, UU community, worship, cards and board games, evening programs and entertainment, and numerous other planned activities including Firelight, music/talent shows/concerts, and an "Extravaganza" on the last day to celebrate the fruits of everyone's creativity. For more information, please contact the Eliot Administrator at Eliotregistrar@gmail.com or visit our website at www.eliotinstitute.org.

Birthdays in June

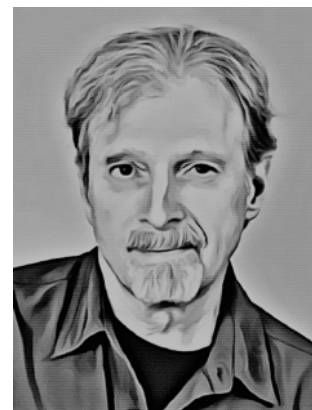
June 10	Linda Marchand
Jun 20	Audrey Woodward
Jun 22	Peter Scales
Jun 24	Winnie Cooper



John Pullyblank

Contributions to the newsletter

Please send poems, photos, articles or stories to Amanda to be included in the newsletter. It would be great to showcase more of the talents of our congregation.



Mike
Riess