



Capital Unitarian Universalist Congregation

The Capital Letter

VICTORIA, BC

2016

Sunday Services in October



May the light around us guide
our footsteps,
and hold us fast to the best and
most righteous that we seek.

May the darkness around us
Nurture our dreams,
and give us rest so that we may
give ourselves to the work of
our world.

Let us seek to remember the
Wholeness of our lives,
the weaving of light and
shadow
in this great and astonishing
dance in which we move.

Kathleen McTigue

October 2nd Jim Hemstock “Healing a War: Reconciliation and Integration of Child Soldiers in Uganda”

Uganda is recovering from a de-colonialization process that has disrupted traditional cultural governance and brought about a series of wars which were marked by extraordinary brutality. But wars end and stolen children return from battle. Can they find a home?

Children's Program



October 9th Amanda Tarling “Understanding Truth, Healing and Reconciliation through a memorable journey”

Based on a day long experiential workshop this is a unique and powerful service in which Amanda will lead us in re-creating an ancient First Nations community and then allow history to unfold around us. Come join us for an extraordinary and moving Sunday Service.

Children's Program



October 16th Janet Vickers “Infinite Power”

Janet Vickers will read from her second trade book of poems - Infinite Power (Ekstasis 2016). Infinite power, in her eyes “is not a zero sum game but a journey / a stone thrown in a lake”. The danger of our age is that we have lost contact with that power, made it something to possess like a personal bank account. In writing these poems she hopes for a reconnection to that sacred universal relationship.

Children's Program



All services are held Sundays at 10:00 a.m. at The James Bay New Horizons Centre, 234 Menzies Street, Victoria, BC. Child care is provided free of charge with our Children's program.

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Board Notes & Sunday Services

Capital rounded out the summer season with a mixture of business and pleasure:

On August 13th, Alan and Elizabeth hosted their annual music potluck which is always enjoyed by attendees.

On the heels of this was a potluck picnic for long-time members Ben and Cathy Dolf who are sadly moving to Vancouver.

On August 31st, a joint meeting of the boards of Capital and First Unitarian Church of Victoria was held to discuss common interests. They also welcomed Vyda Ng, CUC Executive Director.

An Extraordinary General Meeting was held September 11th to pass two motions on the creation of the category of Life Member and to approve terms of dissolution as required by recent changes to the BC Societies Act. Our Annual General Meeting will take place in February 2017.

A tea was also held at Amanda's for another long-time member, Lena Toneff, who is moving to Penticton to be closer to family.

Best wishes for the new fall season from your Board members.
Submitted by F. Bowie

October 23rd Misty **“Raincoast Conservation Foundation: protecting habitat.”**

Raincoast Conservation Foundation was our September Capital Connects recipient. Hear about their work on salmon conservation and how salmon are a foundation species for BC's coastal ecosystems. Helping to conserve them fits into Raincoast's big picture goals to protect the magnificent predator-prey relationships that exist on BC's coast, especially regarding grizzly bears.

Children's Program



October 30th Dr. Dana L. Seaborn **“Going Home: Thoughts on aging and dying.”**

The start of church year is traditionally 'Homecoming Sunday' in Unitarian Universalist churches. As we age, we come closer to what's been called the final homecoming. How do we as UUs deal with the challenges of old age? Can we view death with equanimity? Dana Lynn Seaborn will share the wisdom of our predecessors, as well as some entertaining stories and irreverent thoughts.

Children's Program



News

Birthdays in October

Oct 2	Callum Tarling
Oct 9	Amanda Tarling
Oct 14	Rich Scales
Oct 15	Durga Periwál
Oct 19	Cathy Baker
Oct 19	Mavis Butlin

If your Birthday is missing
Please tell Amanda
250 382-6828

Translating Hungarian to English

In preparation for a research trip to Transylvania, I would like help to translate hymns from Hungarian to English. There are 16 hymns in total, for Easter and Pentecost.

A sample stanza is included below; there are about 280 lines in total for translation.

S-halál bírása, mindenható Atyánk,
Magasztaló hálával száll hozzád föl imánk,
A szjörnyü éjszakának elűzted rémeit,
Örömré fordítottad szívünk keserveit.

I have a small budget available for this project. If you can help, please contact Michelle Brown at michelle.brown@skyblanket.ca.



Farewell tea for Lena



Munchkin Tarling awaiting Thanksgiving Guests

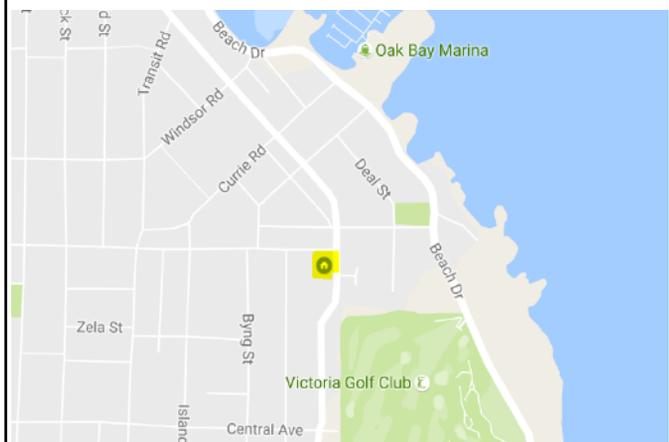
Please join Amanda and family for a Potluck Thanksgiving Dinner on Sunday October 9th at 5:30 pm at 964 Newport Ave.

Although there will be turkey (thank you Carol) and Tofurky (thank you Dick and Cathy) veggies and other dishes Are needed and welcome. Thank you!

The easiest way to get to the house is to follow Oak Bay Avenue and it will turn into Newport Avenue. You can park on the street.

If you need a ride or if you offer one please let Amanda know 250 418-0887.

Looking forward to sharing a meal with you.





UUIN News & Canvass 2017



The Unitarian Universalist Islands Network provides multigenerational opportunities for Unitarian Universalists on Vancouver Island and surrounding islands to deepen our faith, connect to each other, and inspire the larger community to join us in spiritual growth and actions for justice.

Island activists are invited to the first meeting of the **CUSJ (Canadian Unitarians for Social Justice) Islands Chapter** on Oct 15, 2016 at 1 pm at the home of Leslie Gillett, Victoria SRC chair, 2397 Heron St., off Estevan in Oak Bay. 250-592-7032.

Imagine what we can do together!



CANVASS for 2017

Dear Ones,

It is time for our annual canvass! This is when we ask you to pledge financial support for the upcoming year so that we can continue to provide services for our beloved congregation and anyone else who chooses to join us on Sunday mornings. Your pledge allows us to set our budget for the upcoming year.

At the beginning of October, we will distribute Pledge forms and you may pledge on a yearly, monthly or weekly basis. The Pledge form contains suggested amounts correlated to income levels. If you have any questions, please email me at: wittmanr@gmail.com or call me at 250 382-2169.

Thank you for your much needed support for our wonderful community. Without you, we wouldn't be here.

Rita, Treasurer