



Capital Unitarian Universalist Congregation

The Capital Letter

VICTORIA, BC

2013



John Pullyblank

We Lift up our Hearts in Thanks,
A responsive reading for Thanksgiving

For the sun and the dawn
Which we did not create

*For the moon and the evening
Which we did not make*

For food which we plant
But can not grow;

*For friends and loved ones
We have not earned and cannot
buy*

For this gathered company
Which welcomes us as we are,
from wherever we have come;

*For all our free churches
That keep us human and
encourage us in our quest for
beauty, truth and love;*

For all things which come to us
As gifts of being from sources beyond
ourselves;

*Gifts of life and love and
friendship
We lift up our hearts in thanks
this day.*

All services are held Sundays at 10:00 a.m. at The James Bay New Horizons Centre, 234 Menzies Street, Victoria, BC. Child care is provided free of charge with our Children's program.

Sunday Services in October

October 6th "Consuming Less – Living Better" Ben Dolf.

We can learn from our ancestors how to have a good life without striving to consume more, gather more or visit every site we have not yet seen. This service is part of an effort to imagine what a sustainable society and a rich life could look like.

Children's Program



October 13th "Language of Faith" Donald Bailey.

In response to the assertion that our Seven Principles totally lack any spiritual or religious word, idea or sentiment, Donald shall argue that they are thoroughly religious, especially to a religious humanist who sees the world as sacred. From Winnipeg, Donald Bailey is a retired professor of Early Modern Europe, a former lay chaplain, and a life-long presenter of addresses to UU congregations.

Children's Program



October 20th "Jesus and the Unitarians" Peter Scales.

What lessons do we continue to take from the Galilean carpenter? How did his call for reinvigorated Judaism get turned into a different religion? And is Unitarianism today a safe home for Christians?

Children's Program



October 27th : "The Divine Dance" Dana Lynn Seaborn.

Scholars from Plotinus to Emerson and Huxley have explored the "Perennial Philosophy" which has been said to lie at the heart of all religions. Does that include Unitarianism? Let's find out!

Children's Program



Board Notes

Board Report – September 24, 2013

September, the month of new beginnings is almost over as I write this newsletter. School and new routines are beginning to settle in as is the board and other committees that have reconvened after a summer break. The board is working together very well, with excellent comradery, openness and a sense of “getting things done.”

Financially, things appear to be in good shape thanks to Rita’s skillful handling. The complete financial picture will be presented at the Extraordinary General Meeting set for November 17th right after the church service. Please plan to be there to support the business of your congregation.

The workshop with Antonia Won was very enlightening and the board continues to put into place the recommendations received from her. Whether or not Capital Congregation decides to pursue hiring a quarter time minister, the pieces we are putting into place can only serve to make us better. As such, some of our policies are being reviewed as well as policies of other congregations by way of comparison.

This is an exciting time to be part of Capital Unitarian Universalist Congregation. For me, it feels like a time of sprucing up, filling in the blanks, reflection on who we are and where we are going. Perhaps another CUC workshop (free!) will be around the corner as we continue to learn of our principles and sources.

A couple of items to note as October creeps up on us. The BC Fall Gathering is October 4-6. Amanda and Rosemary will be in attendance representing Capital. Also, the Thanksgiving Potluck (Monday Oct 14th), a joyous annual event, will be held at the home of Amanda, Graham, Gemma and Cal Tarling - 964 Newport Ave, at 5:00 pm. Please contact Amanda or Rosemary if you have any questions.

I look forward to our combined renewed energy as we work together for our small but mighty, and very loving Capital Congregation.

Respectfully submitted,
Rosemary Morrison

Birthdays in October

Oct 2	Callum Tarling
Oct 9	Amanda Tarling
Oct 14	Rich Scales
Oct 15	Durga Perival
Oct 19	Cathy Baker
Oct 19	Mavis Butlin
Oct 26	Ikuyo Ito

If your birthday is not listed,
please speak to Amanda



John Pullyblank



UVic Dean's Lecture Series - at the Library

Deans' Lunchtime Lecture Series

Research is reshaping the way we live and think. Meet distinguished members of the faculties at UVic and learn about their research interests. Find out what's new and shape your understanding of the world around you.

The series is presented in partnership with the Greater Victoria Public Library, the Division of Continuing Studies and the Faculties of Education, Engineering, Fine Arts, Graduate Studies, Humanities, Law, Science and Social Sciences.

All lectures are held at the Greater Victoria Public Library, Central Branch, 735 Broughton Street.

Parking is available underground and you are welcome to bring a bag lunch.

Admission to the lectures is free, but please register online

(<http://www.uvcs.uvic.ca/lectures/deans/courses/>) or by calling 250-472-4747 to register so we can guarantee you a seat.

October 4th - 12:30

Deans' Lectures: **What's New in Graduate Studies?**

... at the Greater Victoria Public Library and the Legacy Art Gallery

The Search for the Higgs: A Graduate Student's Perspective Working at the Large Hadron Collider at CERN. The search for the Higgs boson has been ongoing for over 40 years. In 2012, two experiments of the LHC (ATLAS and CMS) at CERN in Geneva Switzerland confirmed its existence in one of the greatest scientific discoveries of our time. In the talk, I will present an overview of the Standard Model of particle physics and its relevance in our world. I will then delve into the significance of the Higgs boson, and explain how a collaboration of thousands of physicists from around the world (including some here at UVic) found this elusive particle.

November 1st - 12:30

Deans Lectures: **What's New in the Humanities?**

... at the Greater Victoria Public Library

Staging Power: Theatre and Theatricality in Nero's Rome

Often mocked as the emperor who thought he was an actor, Nero (AD 37—68) has recently been taken more seriously as a calculating performer of political theatre. Dr. Littlewood will discuss theatre and theatricality in early imperial Rome and the portrayal of tyranny in the tragedies of Seneca.



Events in Victoria

All the Dirt on Backyard Bounty! Lecture at Russell Books, Fort Street, 7:30 - 9:30 October 1st. How easy is it to garden organically right in your backyard? Rachel Fisher, Heather Stretch, and Robin Tunnicliffe, co-owners of Saanich Organics and authors of *All the Dirt*, and Linda Gilkeson, author of *Backyard Bounty*, can tell you. In this lively discussion panel on organic gardening, right here in Victoria, these authors will combine their expertise and organic know how in an intelligent discussion on organic gardening, its benefits, its challenges, and also how easy it is to do. The discussion will be guided by local gardener Paula Hesje. Please come with a well-thought question or two.

Until October 4th at the Maritime Museum... "**Creature Comforts**" The Maritime Museum of BC presents *Creature Comforts* opening on August 24. The exhibition focuses on the stories of animals living aboard and their relationships to their owners. This exhibit offers a special perspective on life at sea and the animals who have braved our oceans. Visit our website for more information about this exciting exhibit: <http://mmbc.bc.ca/>

October 17th -31st **The Ghosts of Victoria Festival** Victoria is British Columbia's most haunted place. Ghosts and goblins abound in the capital city - and not just at Halloween. If you want a "spirited" visit to Victoria at any time of the year, there are many attractions to see. As Halloween approaches, the Ghosts of Victoria Festival provides even more ghostly activities. The Ghosts of Victoria Festival is held over the last two weeks of October each year, with many activities to choose from.

Annual Antimatter Underground Film Festival, Oct 18th - Nov 3rd. Dedicated to the exhibition and nurturing of diverse forms of media art, Antimatter is one of the premier showcases of experimentation in film, video, audio and emerging time-based forms. Encompassing screenings, installations, performances and media hybrids, Antimatter provides a noncompetitive setting in Victoria, British Columbia, free from commercial and industry agendas. (Venues around Victoria)

Since 1998, the quality and creativity of its programming, commitment to audience development, and respect for artists and their work have made Antimatter one of the most important media arts events in Canada, and the world.

Thanksgiving Potluck, 5pm Monday October 14th

Everyone is invited to Amanda, Graham, Cal and Gemma's house to share in a Thanksgiving potluck.

Thanks in advance to Rosemary for cooking the turkey and Dick for cooking the tofurky!

Looking forward to an evening of good food as well as celebrating the company of friends.

964 Newport Ave - 250 382-6828



Denman Island

A Tarling

Thanks to Audrey Woodward for editing!